



The following pages show the results from the Triumph Junior Duathlon

For more information on the event please visit the website:

<http://triumphsportsevents.co.uk/events.html>

If any questions/queries then please contact the event organisers:

info@triumphsportsevents.co.uk

Triumph Junior Duathlon Results - 30th May 2016

31/05/2016

Tristart Girls				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	3	Noémie Klanga	Greenwich Tritons	06:39	1:06	4:56	0:38
2	5	Alesha Tugwell	Thames Turbo	06:44	1:11	5:10	0:23
3	2	Tilly Hawker		07:26	1:16	5:36	0:33
4	1	Darcie Bateman	Comet Triathlon	07:48	1:12	5:46	0:50

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Tristart Boys				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	106	Alexander McGuigan	Crystal Palace	06:11	1:03	4:25	0:43
2	108	Felix Smith		06:19	1:05	4:31	0:43
3	104	Beau Hanson	Thames Turbo	06:26	1:08	4:32	0:42
4	105	Benjamin Hutton	Ocean lake	06:34	1:15	4:32	0:40
5	107	George O'Reilly	Thames Turbo	06:38	1:06	4:52	0:41
6	102	Oliver Beal	Thames Turbo	07:08	1:13	5:29	0:26
7	103	Joel Chilton	Crystal Palace	07:44	1:20	5:26	0:58

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Tristar1 Girls				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	16	Daisy Parry		13:24	2:51	8:15	2:18
2	10	Tabitha Brown	TurboKids	13:28	3:01	7:59	2:28
3	12	Madison Emmment		14:17	3:21	8:02	2:53
4	11	Sophie Desmond		14:18	3:11	8:13	2:54
5	15	Phoebe Lyes	South London Harriers	14:40	3:07	8:28	3:05
6	14	Lilia Jackson	South London Harriers	15:08	3:09	8:15	3:45
7	13	Lily Hill		18:46	3:23	11:27	3:56

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Tristar1 Boys				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	129	Theo Treadwell	Greenwich Tritons	12:58	3:00	7:19	2:39
2	126	Christian Pauling		13:05	3:00	7:25	2:40
3	130	George Turner	Comet	13:10	3:03	7:16	2:51
4	123	Matthew Marsh	Greenwich Tritons	13:23	3:06	7:39	2:38
5	111	Archie Austin	Comet	13:45	2:46	8:10	2:49
6	122	Frederic Lett	Comet	13:45	3:06	7:39	2:59
7	124	Patrick McGuigan	Crystal Palace	14:10	3:08	8:00	3:03
8	115	Ethan Flack	Comet	14:21	2:55	7:59	3:28
9	113	Oscar Bustamante	Thames Turbo	14:33	3:05	8:03	3:25
10	121	Zachary Kirkman	Greenwich Tritons	15:21	3:10	8:10	4:00
11	120	Alex Hughes	Jetstream tri	15:21	3:02	8:50	3:29
12	119	Tom Howells		15:29	3:35	8:35	3:18
13	112	Matthew Beal	Thames Turbo	15:44	3:18	9:03	3:23
14	118	Tom Hawkins	Greenwich Tritons	15:48	3:30	8:48	3:30
15	125	Thomas oreilly	Thames Turbo	15:52	3:16	9:02	3:34
16	114	Oliver Cunningham		15:54	3:12	9:11	3:31
17	116	Oliver Flack	Comet	16:05	3:32	8:57	3:36
18	127	Nathan Prior	Comet	16:30	3:36	8:35	4:20

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Tristar2 Girls				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	32	Maisie Jensen	Comet Triathlon	20:40	4:51	13:05	2:44
2	28	Cerys Howells		20:46	4:57	13:01	2:48
3	27	Anna Hadingham	Greenwich Tritons	21:40	5:02	13:51	2:47
4	29	Maddie Hughes	Jet stream tri	21:43	5:08	13:53	2:42
5	35	Madeleine McGuigan	Crystal Palace	22:18	5:34	13:42	3:02
6	37	Megan Ormiston	VO2 Maximum Racing T	22:29	5:06	14:37	2:46
7	38	Poppy Parry		22:36	5:10	14:28	2:58
8	30	Emily Iley	Waltham Forest SC	22:38	5:23	14:02	3:12
9	33	Sophia Kirkman	Greenwich Tritons	22:43	5:45	13:41	3:16
10	40	Rosie Watts	Thames Turbo	23:15	5:28	14:51	2:57
11	34	Amélie Klanga	Greenwich Tritons	23:22	5:16	14:43	3:23
12	36	Poppy Mitchell	Thames Turbo	23:40	5:24	15:13	3:03
13	25	Poppy Craig-McFeely		24:10	4:54	16:18	2:58
14	26	Matilda Dibley	Thames Turbo	24:33	5:31	15:43	3:19
15	31	Isabel Iley	Waltham Forest SC	24:46	5:56	15:28	3:22
16	24	Caitlin Chilton	Crystal Palace	25:45	6:07	16:14	3:24
17	39	Lucy Wardrop	Thames Turbo	26:23	5:35	16:01	4:47
18	23	Isobel Cawood	South London Harriers	27:14	6:24	17:22	3:28
19	21	Orla Browne	Crystal Palace	29:14	8:12	16:42	4:20

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Tristar2 Boys				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	154	Louis Woods	Greenwich Tritons	18:59	4:35	12:06	2:18
2	141	Christo Chilton	Crystal Palace	19:11	4:27	12:18	2:26
3	143	Oliver Emmet		19:16	4:28	12:19	2:29
4	146	Thomas Hutton	Ocean Lake	19:18	4:30	12:13	2:35
5	145	Chris Hardy	Barnes swim club	19:40	4:39	12:24	2:37
6	137	Spencer Bateman	Comet	19:41	4:32	12:41	2:28
7	138	Benjamin Bisson	Comet	19:55	5:05	12:05	2:45
8	148	Josh Mayer		20:56	4:56	13:18	2:42
9	151	Finbar Percy	Crystal Palace	21:58	5:03	13:43	3:12
10	135	Findlay Armitage		21:34	5:16	13:41	2:37
11	139	Liam Carr	Greenwich Tritons	21:59	5:15	14:08	2:36
12	150	Edward Pauling		22:03	5:28	13:50	2:45
13	140	Nathan Chapman	Greenwich Royals	22:19	5:06	14:15	2:58
14	153	Tyler Tugwell	Thames Turbo	22:31	5:20	13:51	3:20
15	144	Nico Hadingham	Greenwich Tritons	23:01	5:33	14:33	2:55
16	149	Jonnie Miles	Crystal Palace	23:12	6:04	14:05	3:03
17	152	Elliot Smith	Westcroft	23:13	6:09	13:43	3:21
18	136	Toby Barrand	Thames Turbo	23:22	6:10	13:54	3:18

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Tristar3 Girls				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	66	Jessica Mayer		22:34	4:37	15:21	2:36
2	69	Tallulah Penney	Optima	22:53	5:02	15:10	2:41
3	63	Lottie Hull	Crystal Palace	22:59	4:53	15:13	2:53
4	62	Millie Hughes	Jetstream	23:21	4:54	15:57	2:30
5	71	Ella Peters	Jetstream	23:22	4:41	16:05	2:36
6	70	Isabella Penny	Optima	23:27	4:44	16:05	2:38
7	58	Saba Girma	Windrush	23:34	5:05	15:38	2:51
8	52	Madeleine Canning	Optima	23:39	4:55	15:57	2:47
9	50	Amy Beattie	South London Harriers	24:11	4:41	16:56	2:34
10	60	Isobel Goodger	Thames Turbo	24:17	5:01	16:15	3:01
11	53	Fenella Challinor	Thames Turbo	24:36	4:41	17:13	2:42
12	67	Kate ODwyer	Thames Turbo	24:59	5:15	16:27	3:17
13	61	Amie Hawkins	Greenwich Tritons	25:12	5:08	17:09	2:55
14	68	Verity Parnham	Thames Turbo	25:28	5:07	17:17	3:04
15	59	Gabriella Girma	Windrush	25:37	5:04	17:56	2:37
16	54	Zahra Chisholm	Thames Turbo	26:31	5:34	17:33	3:24
17	64	Emma Hurdle	Thames Turbo	27:11	5:20	18:43	3:08

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Tristar3 Boys				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	179	Matyas Sinko		20:26	4:14	13:47	2:25
2	169	Cameron Fraser	Thames Turbo	21:46	4:48	14:20	2:37
3	167	Mack Downey	Comet	21:49	4:19	15:10	2:20
4	173	Matthew Daniel Maginn	Crystal palace	21:54	4:41	14:25	2:48
5	160	Brett Baker	Greenwich Tritons	22:08	4:27	15:21	2:19
6	163	Owen Cawood	South London Harriers	22:15	4:32	15:11	2:31
7	176	Oskar Murmann	Crystal Palace	23:02	4:55	15:20	2:47
8	177	Matthew O'Neil		23:26	4:31	16:16	2:39
9	166	Ned Craddock	Herne Hill Harriers	23:38	4:45	16:10	2:43
10	162	Josh Carmody	Thames Turbo	23:55	4:53	16:05	2:57
11	183	Charlie Hughes	Thames Turbo	24:03	4:42	16:37	2:44
12	182	Luca Treadwell	Greenwich Tritons	24:06	5:04	16:13	2:49
13	175	Ryan Mullen	Thames Turbo	24:15	4:42	16:40	2:52
14	170	Darek Kadziak		25:08	5:01	17:08	3:00
15	161	Joseph Browne	Crystal Palace	25:47	5:17	17:26	3:04
16	180	Krishaan Sivagnanam	Crystal Palace	29:16	6:37	18:23	4:16
17	181	Jishnu Sharman Sivalingam	Jetstream	30:12	6:01	20:38	3:33

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Youth Girls				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	92	Elle Horsman	Crystal Palace	32:26	6:48	20:39	4:59
2	93	Laura Howley		34:17	6:51	22:30	4:57
3	95	Beatrice Wilding	Thames Turbo	35:02	6:52	23:06	5:04
4	91	Beth Hawkins	Greenwich Tritons	38:02	7:26	25:22	5:13
5	94	Francesca Light	Crystal Palace	38:41	9:08	22:53	6:39

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Youth Boys				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	185	Reef Boericke	Optima Racing Team	27:52	5:47	18:03	4:02
2	186	Kieran Desmond		28:24	5:47	18:31	4:06
3	189	Harry Horsman	Crystal Palace	28:26	5:54	17:52	4:40
4	188	Tom Hickson	Greenwich Tritons	28:40	6:09	17:55	4:36
5	187	Benjamin Dibley	Thames Turbo	30:24	5:48	20:21	4:15
6	193	Thomas Rigard-Asquith	Crystal Palace	30:40	6:07	20:21	4:12
7	195	Guy Tucker	Thames Turbo	31:44	6:07	21:03	4:35
8	196	Nathan Wilson	Thames Turbo	32:16	6:19	20:53	5:03

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Junior Girls				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	100	Ruby Wyborn	Thames Turbo	35:26	6:51	23:37	4:58
2	99	Niamh Armitage	Guildford City SC	41:56	7:26	28:58	5:32

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Junior Boys				Total Time	Split Times		
Pos	Bib	Name	Club		Run 1	Bike (including transitions)	Run 2
1	199	Daniel Pinn	Crystal Palace	28:00	5:31	18:29	4:00
2	198	Kirill Kondrasin	Ealing	29:48	5:49	19:31	4:28