



# Triumph Junior Duathlon



A superb day of racing was enjoyed by 125 athletes aged between 8 and 19 at the inaugural Triumph Junior Duathlon on Bank holiday Monday 30 May. The course differed from the traditional duathlons held at Minet Park, using the trail paths for the second run, making it a great spectator event with added support for the athletes from friends and family.

It was thankfully a dry but very windy day and conditions were tough on the bike leg. The tail wind along the transition straight meant competitors were flying past the main spectator area but the athletes had to work hard into the head wind up the slope on other side of the track making it doubly hard.

The racing started with the Youth and Junior



categories, undertaking a 1.7k run, 10.5k bike and finishing with a 1.1k run.

Next up were the 8 year old Tristarts, who had a dash to transition, cycled a lap and sprinted to the finish line.

The Tristar1 event was really close with the first finishers within seconds of each other, after a 700m run, a 3k bike and to complete the race, a 650m run.



Greater numbers in the Tristar2 and Tristar3 categories split the racing into single gender groups.

Presentations for the first 3 finishers in each age group and gender followed shortly after each race with some unique trophies and a [Yellow Jersey](#) goodie bag with a generous voucher donated by [Zone 3](#) inside.



It was great to see all London clubs plus others outside of London represented at the event.

Spot prizes were plentiful and awarded to competitors across all race categories. Triumph would like to thank supporters [Zone 3](#), retailer of triathlon wetsuits and kit and [Bloodwise](#) the beating blood cancer charity for their generosity.

Competitors enjoyed shopping at kids triathlon clothing and accessory stand [Dolphin Kick](#), commentary and entertainment by Richard at [Perseverance Events](#) and their taste buds tantalised by the yummy food & cakes in the Pop-Up Café.



We were blessed with many willing volunteers offering their time to help put on this event at Minet Park and everyone agreed they certainly were Team Triumph!

All in all, we loved running our first multisport event and really hope all the competitors and spectators enjoyed the day as much as we did!

Jim & Sheila

Photos by Ben Howley

[TriumphSportsEvents.co.uk](http://TriumphSportsEvents.co.uk)



